



*MEDITERRANEAN  
LOUNGE*

OPENING HOURS  
10.00 AM - 11.30 PM

## LEBANESE BREAKFAST

SERVED DAILY FROM  
FROM 9:00 AM TO 12:30 PM

### MEDITERRANEAN LOUNGE BREAKFAST PLATTER £ 10

- Foul Mudammas, 2 Fried Eggs, Labneh & Mix veg. Allergens: Legumes, Gluten, Milk, Sesame & Nuts

### FOUL MUDAMMAS - VG £ 4.95

A slow-boiled chickpeas & fava beans mixed with garlic, lemon juice & olive oil served with veg and pickles. Allergens: none

### FOKHARET SHAKSHUKA £ 5.95

- (Add Soujok or Halloumi for an extra £ 2.00)
- A combination of simmering tomatoes, onions, garlic, spices, and gently poached Eggs. It's nourishing, filling and one of the best kick starters for your day. Allergens: Eggs & Milk.

### HOMMOS AWARMA £ 5.95

Hommos topped with fried diced lamb and Nuts or shawarma. Allergens: Gluten, Sesame, Nuts & Milk.

### LABNEH £ 3.95

A soft cream cheese made from strained yoghurt drizzled with olive oil & served with cucumber, olives and Fresh Mint. Allergens: Milk.



### ● AWARMA EGGS £ 5.95

Fried eggs mixed with diced tender lamb fillet fried & drizzled with Butter and pine nuts. Allergens: Eggs

### FRIED EGGS £ 3.95

F Allergens: Eggs

### ● FALAFEL (4 PIECES) - VG £ 4.95

Mixture of ground chickpeas, broad beans, spices and fine croquettes served with Tahini sauce (deep fried). Allergens: Sesame.

### GRILLED HALLOUMI - VG £ 5.50

Charcoal grilled halloumi Cheese served with hot Bread cucumber and fresh Mint. Allergens: Gluten, Sesame & Milk

### SOUJOK £ 5.95

Add Eggs for an extra £ 2  
Home-made Armenian sausages with spicy tomato sauce. Allergens: Gluten

### FATTET HOMMOS - VG £ 5.95

A layered dish of toasted flat Bread & chickpeas tossed with spiced Yoghurt & topped with butter & Pine Nuts. Allergens: Gluten, Milk, & Nuts

### ● FATTET LAHEM £ 7.95

A layered dish of toasted flat Bread & Chickpeas, tender lamb meat, tossed with spiced Yoghurt & Tahini (Sesame) & topped with butter & Nuts. Allergens: Gluten, Milk, Sesame & Nuts

## MANAKEESH



### ● LAHM AJIN £ 3.50

A Minced Lamb mixed with Onion, Tomato, Olive oil and Herbs. Allergens: Gluten, Milk & Sesame.

### LAHM AJIN & CHEESE £ 3.50

Allergens: Gluten, Milk & Sesame.

## À LA CARTE

### SOUPS

### LENTIL SOUP - VG £ 3.50

A classic Lebanese recipe to warm your soul! Hearty and nutritious. This lentil soup is pure comfort in a bowl! Served with crispy Bread. Allergens: Gluten.



### FATTOUSH £ 5.95

Originated in Northern Lebanon, farmers would fry leftover Bread scraps and simply throw them in, with whatever in-season vegetables and herbs they have on hand. Our Fattoush mix includes Lettuce, tomato, cucumber, parsley, fresh mint, onion, and radish. Dressed in a zesty lemon and pomegranate molasses vinaigrette. Allergens: Gluten.

### TABBOULEH £ 6.50

Finely chopped parsley, tomatoes, spring onion, fresh mint, cracked Wheat, lemon juice and olive oil dressing. Allergens: Gluten.

### CHARCOAL SHISH - £ 6.50 TAOUK SALAD

The Lebanese alternative to Caesar salad. A meal in its own right! A Lebanese Mountain salad topped with a skewer of char-grilled Shish Taouk. Allergens: Gluten

### HALOUMI SALAD £ 6.50

A meal in its own right! A Lebanese Mountain salad topped with a Grilled Hlloumi cheese. Allergens: Gluten. Allergens: Gluten.

### ZAATAR (THYME) - VG £ 3.95

A blend of finely ground Thyme, Sumac and Sesame seed mixed with Olive oil. Allergens: Gluten, Milk & Sesame.

### ZAATAR & CHEESE - VG £ 2.50

Half Zaatar (Thyme) and Half Cheese. Allergens: Gluten, Milk & Sesame & Nuts.

### CHEESE - VG £ 3.95

Allergens: Gluten, Milk & Sesame

### SPINACH - VG £ 2.50

Fresh Spinach mixed with onion, Sumac, Sesame & Pine nuts. Allergens: Gluten, Milk, Sesame & Nuts

### SPINACH & CHEESE - VG £ 2.95

Allergens: Gluten, Milk & Sesame

65 Minerva Road, London, NW10 6HJ

Contact us : [020 8090 0498](tel:02080900498)

Inquires : [info@mediterraneanlounge.co.uk](mailto:info@mediterraneanlounge.co.uk)

[www.mediterraneanlounge.co.uk](http://www.mediterraneanlounge.co.uk)

## COLD MEZZE

### HOMMOS -VG £4.95

Probably the world's most famous Starter/Dip. Many different versions of Hommos exist. Ours is a Silky-smooth Chickpeas purée with Sesame paste (tahini), seasoned with garlic and lemon juice. Allergens: Gluten, Sesame

### MOUTABAL BABA GHANOUJ- VG

Grilled aubergines purée mixed with Sesame paste (tahini), garlic and lemon juice.

Allergens: Gluten, Sesame £4.95

### WARAK ENAB (7PCS) VG £ 5.50

Hand-rolled Vine leaves, filled with rice, tomato, parsley, mint, and onion. Slow cooked in lemon juice and olive oil dressing. Allergens: May contain traces of Nuts.



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### MOHAMMARA - VG £ 4.95

Muhammara is a spicy Walnut and red pepper dip. An exquisite fusion of savoury, sweet, and smoky flavours. Allergens: Nuts

### LABAN WE KHIAR (TZAZIKI) £ 3.95

Contains three of the most refreshing ingredients: Yoghurt, cucumber and mint. Allergens: Lactose.

### MOUSAKAT BATENJAN - VG

Fried aubergines baked with tomato, onion, chickpeas and peppers (Can be Served Hot) Allergens: May contain traces of Nuts.

£ 5.95

## HOT MEZZE



### HOMMOS SHAWARMA CHICKEN

Hommos topped with shawarma. Allergens: Gluten, Sesame, Nuts & Milk £ 5.95

### KIBBEH MAKLIEH (3 PCS) £ 5.95

Deep fried lamb meatballs mixed with cracked Wheat and onions, filled with sautéed minced meat, onions and Pine Nuts Allergens: Gluten, Sesame, Nuts & Milk.

### SOUJOK £ 5.95

Home-made Armenian sausages with spicy tomato sauce. Allergens: Gluten & Nuts

### ARAYES £ 5.50

Minced meat and Pine Nuts with parsley, charcoal grilled in Lebanese Bread. Allergens: Gluten & Nuts.

### JAWANEH PROVENCAL (6PC) £ 5.95

Chicken wings cooked with Coriander, garlic and Lemon Juice. Allergens: none

FALAFEL (4 PIECES) - VG £ 4.95  
Mixture of ground chickpeas, broad beans, spices and fine croquettes served with Tahini sauce (deep fried). Allergens: Sesame.

### BATATA HARRA - VG £ 4.95

Fried cubes of potatoes sautéed with garlic, coriander, sweet red and green peppers, spices and chilli. Allergens: none

### GRILLED HALLOUMI - VG £ 5.50

Charcoal grilled halloumi Cheese served with hot Bread cucumber and fresh Mint. Allergens: Gluten, Sesame & Milk.

### RAKAKAT CHEESE (4 ROLLS) - VG

Fried filo Pastry filled with white Cheese and Lebanese herbs. Allergens: Gluten & Milk £ 4.95

### LAMB SAMBOUSEK (4 PCS) £ 5.95

A mini-Lebanese meat Pie closed into a crescent shape. Delicious hot or cold. Allergens: Gluten, Lactose, Nuts.

### HOMMOS AWARMAH £ 5.95

Hommos topped with fried diced lamb and Pine Nuts or shawarma. Allergens: Gluten, Sesame, Nuts & Milk.



## FROM THE GRILL

ALL GRILLS SERVED ONE OF CHOICES:  
VERMICELLI RICE, FRENCH FRIES OR SALAD

### FARROUJ MESHWI £ 12.95

Grilled or roasted whole baby chicken Allergens: Gluten.

### SHISH TAOUK (2 SKEWERS) £ 9.95

Boneless diced chicken breast, marinated in garlic, lemon juice, Spices and olive oil Allergens: Gluten.

### CHICKEN SHAWARMA £ 9.95

Shredded grilled chicken marinated in vinegar and spices Allergens: Gluten.

### MIXED GRILL (3 SKEWERS) £ 13.95

Lamb cubes, Kafta (Minced lamb), Shish Taouk (chicken cubes) with onions and tomatoes. Allergens: Gluten..

### LAHEM MESHWI (2 SKEWERS) £ 14.95

Tender lamb cubes grilled on skewers with grilled onions and tomatoes. Allergens: Gluten.

### KAFTA MESHWI (2 SKEWERS) £ 9.95

Minced lamb, onions and parsley grilled on skewers. Allergens: Gluten.

### KAFTA KHASHKHASH (2 SKEWERS)

Kafta topped with spicy tomato sauce. £ 13.95  
Traditionally served with rice Allergens: Gluten & Milk.

### LAMB CUTLETS £ 14.95

Grilled marinated lamb cutlets Allergens: Gluten.



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## SEAFOOD

SEA BASS FILLET £ 14.95  
From the Market to your table. Marinated with coriander, garlic & lemon with olive oil.  
Allergens: Fish, Gluten.

KING PRAWNS £ 16.95  
From the Market to your table. Marinated with coriander, garlic & lemon with olive oil.  
Allergens: Fish, Gluten.

WARAK ENAB (7PCS) VG £ 5.50  
Hand-rolled Vine leaves, filled with rice, tomato, parsley, mint, and onion. Slow cooked in lemon juice and olive oil dressing.  
Allergens: May contain traces of Nuts.



## TRADITIONAL HOME COOKED

MOUSAKA & RICE - VG £ 8.95  
Fried aubergines baked with tomato, onion, chickpeas and peppers, served with rice.  
Allergens: Gluten & Milk..

(LAMB SHANK) QUZI £ 13.95  
Braised lamb shanks served with a side of special aubergine sauce and rice.  
Allergens: Gluten & Milk.

## WRAPS / SANDWICHES

ALLERGENS: GLUTEN, LACTOSE, SESAME, NUTS.

FALAFEL £ 4.95  
HALLOUMI £ 4.95  
SHAWARMA CHICKEN £ 4.95  
SHISH TAOUK £ 4.95  
LAHM MESHWI £ 5.95  
KAFTA MESHWI £ 5.95



## SIDE DISHES

FRENCH FRIES - VG £ 3.00  
LEBANESE VERMICELLI RICE £ 3.00  
Allergens: Gluten & Milk.  
KABIS - VG £ 2.50  
ZEYTOUN - OLIVES £ 2.00



## SPECIAL MEDITERRANEAN LOUNGE £ 49.95

MEDITERRANEAN LOUNGE CHEF'S SPECIAL (FOR 2 GUEST)

HOMMUS, TABBOULEH, VINELEAVES, (2PCS) KEBBEH, (2PCS) RAKAKAT CHEESE, JAWANEH PROVENCAL, 2 SKEWERS SHISH TAOUK, 2 SKEWERS LAHEM MESHWI, 2 SKEWERS KAFTA MESHWI, 2 SOFT DRINK OF CHOICE.

**OUR BEST SELLERS!**

GRILLED BABY CHICKEN £ 12.00  
Whole Grilled boneless chicken Apprx. 800gms  
OKRA WITH MEAT £ 13.00  
OKRA £ 10.00



## DRINKS

RED BULL £ 2.50  
STILL/SPARKLING SMALL £ 2.00  
ALCOHOLIC FREE BEER £ 3.00  
COKE / DIET £ 2.00  
SPRITE / DIET £ 2.00  
FANTA ORANGE £ 2.00  
FRESH ORANGE JUICE £ 2.00



65 Minerva Road, London, NW10 6HJ  
Contact us : [020 8090 0498](tel:02080900498)  
Inquires : [info@mediterraneanlounge.co.uk](mailto:info@mediterraneanlounge.co.uk)

[www.mediterraneanlounge.co.uk](http://www.mediterraneanlounge.co.uk)